



Lincs South Federation News



Hello,

As I'm writing this in November it goes against the grain to be wishing you a Happy Christmas, but as many of you will not read this until December, it may be my only opportunity. I think we are all aware of how fast the months fly, and I was fascinated to read about the Denman at Home course on Ikigai. I must admit it wasn't a word I'd come across. Referring to good old Google I feel I've learnt a little more about the concept, which aims to help you live a more fulfilling life! I might just sign up – if I have the time 😊.

So, from all of us on the Federation team I would like to wish you and your family a healthy and Happy Christmas.



Best very wishes

Liz



Liz McIntosh
LSFWI Chair

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Happy Christmas
from all of us to
all of you!



FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk/>



facebook.com/lincssouthwi



[@lincssouthwi](https://twitter.com/lincssouthwi)



[lincs_south_wi](https://instagram.com/lincs_south_wi)

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Charity No –506268

TAKE A CHANCE

October winners:

- Margaret Butcher – Long Bennington WI
- Sheilagh Hall – Wellingore WI

TAC winners:

To assist with the payment of TAC prizes please contact the office with your bank details or confirmation that you would prefer to be paid by cheque

Email: info@lsfwi.org.uk

Why not join the TAC club for 2023??

There's still time!

Winners drawn 11 times a year (monthly except August) with an extra draw at the Federation Annual Meeting in March.

OFFICE OPENING

WI Office will be open on Monday, Tuesday and Wednesday from: 8.30am until 2.30pm

Please note the office will close on Wednesday 14th December 2022 and re-open on Tuesday 3rd January 2023.

Tracey and Marija wish all members a Happy Christmas, and look forward to seeing you in the New Year

If making a special journey, please contact first.

Denman

December offers a host of online courses including:

Felicity's Advent Dotting Peg

Make a beautiful Scandinavian inspired heart decoration which will use Felicity's popular dotting technique to decorate it. Add a peg and you can display Christmas cards or use it as a Christmas Countdown (a kind of reverse advent calendar).

Watercolour painting with Kendrick – snowy holly

Our new project looks at using a seasonal image as our inspiration, in this case Holly which has been lightly dusted with Snow. We are aiming to develop an understanding of using the white of the paper to create highlight and develop contrast against the vivid colours of winter. We will be encouraging you to look for your inspiration to develop your understanding of the subject, but you will be able to follow the demonstration at every stage and refer to the imagery provided.

Ikigai workshop with Tilo

Wouldn't it be wonderful to find some kind of balance that tells you what you REALLY care about most? What you REALLY need to do? What REALLY has meaning? If this is you, why not join Tilo for a workshop that explores exactly these questions? What better time to do so during the Christmas period, at the end of a busy year?

Watch Denman on Demand

This allows you to 'rent' a Denman course and tune in at a time convenient to you. Once rented the course is accessible for up to seven days.

Courses are from one hour in length and generally cost from £5

Check out the availability at:

<https://www.denman.org.uk>

2023 WI CALENDAR

This useful and versatile calendar features photos taken by WI members, including those from Lincolnshire South. The calendar has tips on how to be more sustainable in our everyday life, with a generous space to record appointments and events. Each photo can be detached to create a postcard size note.

The calendar comes with an envelope should you wish to post it as a Christmas gift.

Why not take an order from your WI members and we will arrange to post to you – or you can collect.

Very good value for money at £4

Postage if required is £1.65 for 2nd class.

Photo to left is by Val Barker of Spalding Fulney



SAVE THE DATE

FEDERATION ANNUAL MEETING

SATURDAY 11TH MARCH 2023

VENUE: GRANTHAM

SPEAKERS

STALLS

RAFFLE

....LOTS MORE!

MEMBERS ADVISORY COMMITTEE

The WI Adviser team has a busy year planned for 2023, kicking off with the:

Resolution Discussion Day on Wednesday 18th January 2023 at Cranwell Village Hall from 10.30am to 2.30pm.

The four resolutions to be discussed are:

- 1. Save our water – every drop matters**
- 2. Women to women – turning over a new leaf in the lives of women tea workers**
- 3. Online gambling harm: time for action**
- 4. Clean rivers for people and wildlife**

Every member now has the opportunity to cast their individual selection on the resolution they support the most. WIs are encouraged to send one member (paid for from WI funds) to listen to the arguments surrounding the resolutions. They can then provide fellow members with the opportunity to learn more about each resolution. Details and a voting slip are available in the November/December edition of WI Life.

The day will include tea/coffee on arrival with soup, bread and cake for lunch. The cost is £10 per person. Closing date: 8th January 2023.

Full details and an application form are with your WI Secretary now.

*******SAVE THE DATE*******

SPEAKER'S CORNER

Wednesday 19th April 2023

Leasingham Village Hall

7.30pm

Full details in our next newsletter



Marilyn Hood - MAC chair

ACTIVITIES

The poster said "Improve your skills and learn how to make a cutlery holder for Christmas", so I signed up to the craft day at the Federation's WI Office in Sleaford for the 1st November. Armed with my sewing kit I arrived in time for coffee before the class began. At each set place was a folder with all the materials already cut to size by our tutor, Sandra Overton. A Christmas tree shape in green material and a red material square already decorated. All we had to do was sew them together and personalise!



Sounds straightforward and easy – soon get that done and maybe time to make

another, I thought. But like all women who are WI ladies we like to chat and soon got to know one another whilst hand stitching the two pieces of the tree together. We discussed holidays, pineapples – did you know that they were grown on the ground not on a tree? And what our WI did at their meetings: from speakers to crafts to various clubs and outings.

The time passed quickly and by lunchtime most of the trees were completed – just needed decorating and the pocket for the knives and forks to be attached. By the end of the day, everyone finished their cutlery holder and some even took away spare sets to make more at home. I think I can say that we were all pleased with our end results and our thanks must go to Sandra for hosting the event.

This was my first WI craft event but certainly won't be my last!

Shelagh Coates, Deeping St James WI

Outing to Cromford Mills

In the morning: Enjoy a tour of Arkwright's first industrial cotton mill and "The Arkwright Experience"

After lunch: Choice of a Craft Workshop with trained tutor; take a Distillery Tour or simply take a wander along the canal, enjoy exploring the artisan shops in the Mill Yard, and visit nearby Cromford Village

Coach travel, with various local pick-up points

There's something for everyone, so **SAVE THE DATE!**

Wednesday, 29th March, 2023

Flyer with all details with next newsletter - don't miss it!

PUBLIC AFFAIRS & EDUCATION

Since our last newsletter we have enjoyed another Ladies Luncheon, this time held at Greetham Valley golf club. The function room at the golf club has an outside terrace, with beautiful views across the golf course. Sadly, we were unable to take advantage of either due to the lashing rain! However, it takes more than a deluge to deter WI ladies from their lunch date, and we were delighted to welcome 57 members and one non-member.



The team at Greetham Valley did us proud and we enjoyed a delicious lunch in very comfortable surroundings, with excellent service.

Our speaker was former Police Family Liaison Officer (FLO), Dianne Squires, who served as a Police Officer from Feb 1988 until Feb 2018

Having initially served as a uniform officer, Di joined Lincoln CID in 1993 and began training as a Family Liaison Officer (FLO) in 1997. Her first employment as a FLO was Sept 1999 and her last was in 2016 when she was employed as the FLO to support Luke and Ryan Hart whose mother, Claire and sister, Charlotte, were killed by their father (Claire's husband), Lance. Having outlined briefly the role of the FLO, Di spoke to us with great openness about the challenges she faced during this very traumatic investigation and how, whilst keeping the requisite professional distance, she helped and supported the Hart brothers. This was Di's last case in her role as FLO, and it had clearly left its mark. Her talk was very frank, absolutely fascinating and quite emotional, provoking a number of questions and comments from her audience.

Jackie Jukes (Navenby WI) gave a heartfelt vote of thanks to Di for coming to share her experience with us and presented her with a bouquet of flowers. Di very generously waived any fee in lieu of a donation to the "Love Grace" charity.

Thanks are due to all my fellow Public Affairs Committee members – Shelagh Coates, Steph' Balderson, Jackie Jukes and Sue Lock – for their usual unstinting support and hard work on the day.

Coming next time.....

News of our CAMPAIGN DISCUSSION DAY on 1st December

Watch out for tips on how YOU can support our WI Campaigns

News from our WIs.....

Baston WI

Baston WI enjoyed a wonderful evening of entertainment to celebrate the 55th anniversary of their WI. Tinderbox is a local musical group from Bourne. They sang songs from all genres, including the much-loved Abba, along with songs from musicals covering decades. The WI members enjoyed cheese and biscuits along with a glass of wine or soft drink – it was a very memorable evening.

Sue Shaw, Treasurer Baston WI



Harlaxton WI



At Harlaxton WI we celebrated our 65th anniversary in October. We invited Liz McIntosh and our adviser, Sharon Antony, to join us for a fish and chip supper, followed by birthday cake and fizz. Kate, one of our members, had made 65 sugar roses to decorate the cakes.



We also enjoyed musical entertainment of songs from the shows, expertly sung by the Fourtunes. It was a great evening of reminiscences as well as looking forward to the future, and was made even better by welcoming three new members to our WI.

Sue Carr, Harlaxton WI

Heckington WI

Members at Heckington WI have taken on board the request to collect gently used handbags and fill them with essentials and a few luxuries. The handbags will then be donated to women's refuges, after they have the Love Grace tag attached.



Metheringham WI

“Meg” WI met up again in the Village Hall on 19th October. Our gathering opened with a rousing rendition of “Jerusalem”, the music provided by our guests tonight, the Lincoln Ukulele Band.

The band thoroughly entertained us with great music and, in between songs, Royal quiz questions. We can't recommend this band highly enough.

Our “Christmas Social” (members only event) will be held on 14 December. For the first time we will be having a meal during the daytime.

Christine reported that several of our members recently attended the Phoenix Group meeting on 28th September in Swinderby, which was hosted by Witham St Hughes WI. The guest speaker was Kirsty Ward from “My Little Allotment”; and apparently it was fascinating to hear about all the benefits Kirsty has gained since setting up her plot. Great news too for Meg WI, as we were lucky enough to receive the bursary prize of £75.00, which will be used in the coming months for the benefit of our members.

Lyn Bowry, Metheringham WI

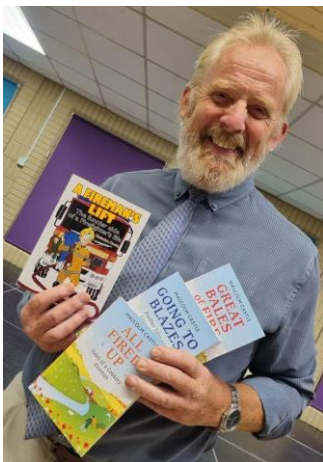
Navenby WI

To mark the Platinum Jubilee of HM Queen Elizabeth II, we decided that we would take part in the Queen's Green Canopy tree planting initiative, created to mark the Jubilee. So, on 31st October, we planted a Rowan Tree in Hill Holt Wood and had a plaque engraved to say it was planted by Navenby WI to commemorate the Platinum Jubilee 2022.

Moira Hunt Navenby WI



Kesteven Group



Having been unable to meet in 2020 and 2021 because of the pandemic, the South Kesteven Group was pleased to meet, finally, at Grantham College, hosted this time by Barrowby WI. Malcolm Castle, a retired fireman, travelled from Shropshire to regale us with tales of his life in the fire service, from tricks played on him as a young recruit to being the guinea pig for trying out a new style of protective suit. Malcolm is a very animated speaker, striding from one side of the room to the other – he made us tired just watching him! He has had several books published and is in talks about having them made into a television series. Something to look out for!

Nubourne WI

Nubourne WI reached its 50th birthday in November, so our meeting that month was a celebration of years past, present and, hopefully, future.

The Committee had decorated the hall with balloons and bunting and we started in style with Nicholas Watts as a speaker talking about Farming for Wildlife – an informative, thought-provoking talk with fabulous photos.

Our Secretary, Mary Hitchcock gave a short speech about our WI, thanking those who had started the WI and looked after it over the years before we had a toast to celebrate the milestone. We then asked Jean Galloway and Lily Baldwin, who were two original members, to cut the Birthday cake, which everyone present had a slice of.



During our tea break we enjoyed 1970's type food (vol au vents, cheese and pineapple on sticks etc) and had time to look through photos, scrapbooks and memorabilia from years gone by.



Finally, as a reminder of the day to take home, every lady had the opportunity to make a posy in WI colours from a rose and greenery.

Wellingore WI

We were lucky to welcome back Karen Holtom for our November meeting. Karen had made her first visit to us in 2017 and had been due to return in 2020....but we all know what happened then....!

As you can see, Wellingore members threw themselves into the line dancing with vigour and were more than ready for our usual delicious refreshments.

We also had a brief talk from Federation trustee, Janis. Janis is a Wellingore member but her role on this occasion was as part of the Federation Team buddy initiative. Janis explained what the role of the Federation was and how the trustees operate. It was very interesting, particularly for newer members, although some of our long-standing members said they had learnt things too!



Helen Berrie, President Wellingore WI

CLIMATE AMBASSADORS

Can we have a 'green' Christmas?

Now that's a challenge but we are the WI so, yes, we can certainly try! This is the 'climate corner' so our emphasis is on reducing the environmental impact of the festive season. It is a double win however, as in the current economic climate, we can save money at the same time as being more sustainable; what's not to love?

Gift giving at Christmas is a nice way to say that annual 'thank you' but the shops are full of over packaged, and often overpriced gift sets. Something homemade - fudge, preserves, pickles, woolly hats, houseplant, the list is endless - is much more personal and always welcome. If you aren't 'crafty' or simply don't have the time, then take a look at the many Christmas Fairs held in your local towns and villages; support artisan makers and hobbyists by buying something made with love..

Families come in all shapes and sizes in the modern world and present giving can turn out to be the most stressful and expensive part of the festive season. Have you considered just buying for your 'significant other' and then, as an alternative with the rest of your Christmas Day party people, playing a lucky dip/secret Santa type game? Each person buys and wraps a gift up to a set amount, say £10, suitable for all (so ideally not a bottle of beard oil!) and preferably from a Charity shop. On the day, secretly add to the pile so no one knows who has bought what - part of the fun is the guessing! Names are put in a hat and the first drawn gets to choose the first present. The next person can choose a present or steal the first person's! If the first person is left present-less, they pick another one from the pile..... and so on. It's great fun if there's plenty of stealing and bizarre charity shop finds too!

To wrap your gifts, please avoid buying wrapping paper with foil, glitter or any non-recyclable element to it. You could try using simple and cheap brown wrapping paper, kinder to the environment and to your pocket! And try to reduce reliance on sticky tape – as a soft plastic it just does not degrade. Plastic free twine or string is perfect (it may make wrapping a two-person job but is worth the extra effort!).

Presents can look gorgeous if you spend a few moments decorating them, once wrapped. Just add some festive fun with:

- bought stamps (invest in a pad and a stamp or two from any craft supplier and they will last years).
- potato prints of simple shapes such as holly leaves, stars (remember doing this at school?).
- freestyle artwork if you are skilled and enthusiastic enough.
- bows made from preloved ribbons (the thin ones in tops and jumpers always come in useful).
- dried hedgerow or garden leaves and flowers.

For 'eco' gift tags, simply re-use Christmas cards, cutting out the desired shape with scissors or old pinking shears. To be a little more creative, try cutting oblong brown cardboard tags and glue on motifs from those old cards.





Christmas wouldn't be complete without a little - or a lot of - home decorating, and the tree is often star of the show. Christmas trees come in all shapes and sizes and if your artificial tree continues to give good service as a festive focal point, just keep bringing it down from the loft. However, if you like a real fir tree, do check it is locally grown to reduce the environmental impact of transport, and consider a pot grown tree

especially from the so called discount supermarkets. They can start off quite small but, put them outside after Christmas, repotting every couple of years, throw in a little organic fertiliser and watch it grow!

If the aftercare seems a step too far, then how about living Christmas tree hire? Rudies Roots of Nettleham grow them from seed and will even deliver and collect the tree of your choice! The trees are re-used approximately 10 times before being planted so a very sustainable option.

With very best wishes for a safe, sustainable, and very **HAPPY CHRISTMAS** from all the Climate Ambassadors!!

Jan Banks Climate Ambassador, Wellingore WI

SOUTH KYME WI

We would like to invite all WI members (and Friends) to join us for a fun filled Christmas Wreath workshop.

Choice of heart or circular shape

£20

includes foliage, materials, equipment

Refreshments and homemade cakes

For further information and to book your place please contact:

Sue Locke on 07757862221 or

Email: susan.locke1@yahoo.co.uk



Articles for the newsletter

Thank you so much for all your articles! Not only does everyone at WI Office love to read about what your WI has been up to, so do all our other members. Our newsletters get shared with other Federations and NFWI too.

If possible, please include at least one picture with your article. It is easier for us if the pictures are sent separately, preferably in “jpg” format. Also please aim for about half a page of text in font size 12. This way we can include more individual articles.

Once again, a big thank you, and keep them coming!

Forthcoming Diary Dates - Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.



Please pay by online banking if possible, quoting the appropriate reference. Cheques are not banked until the closing date is reached and/or places secured.

FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY

Date	Event	Ticket	Ref	Closing
Thursday 1 December	Campaign Discussion Day & lunch 10.30am to 3.30pm - Scredington	£12	CDD12	CLOSED
Wednesday 18 January 2023	Resolution Discussion Day & lunch 10.30am to 2.30pm - Cranwell	£10	MACRDD	8 JAN
Saturday 11 March	Federation Annual Meeting - Grantham	DETAILS TO FOLLOW		
Thursday 23 March	Quiz with Afternoon Tea 2pm Rippingale Village Hall	£7.50	MAR23QUIZ	12 FEB
Wednesday 19 April	Speakers Corner 7.30pm Leasingham Village Hall	£7.50	MACSPK23	2 APR
Thursday 25 May	NFWI Annual Meeting St David's Hall, Cardiff	DETAILS TBC		

January 2023 Newsletter

Please send any contributions for the next newsletter
by **14 December 2022**

to: fedoffice@lsfwi.org.uk