

Lincs South Federation News



Hello,

I have been fortunate to attend several annual meetings and a couple of our neighbouring Federation Annual Meetings recently. With regard to the latter, it is always interesting to see how other Federations operate and the different styles we all adopt. The same goes for our own WI Annual Meetings. Some are very polished, others are more relaxed. From both perspectives I don't believe that there is a right or a wrong way. Providing that we have satisfied the criteria, as laid down in the constitution, the tone we choose is the one that is most appropriate for our WI.

The most significant thing that I have learnt on my travels so far, is that we are all grateful to be back to meeting in person and catching up with our friends.....and now we are ready for some fun too! Best wishes



The WI Bulb Scheme

The latest catalogue is attached to the newsletter. Included is an individual member's order form. Please make your selection and submit your order to your WI coordinator who will collate all those received, before submitting to WI Office.

FIND US ON THE NFWI WEBSITE: https://lincolnshire-south.thewi.org.uk/

Liz



facebook.com/lincssouthwi



@lincssouthwi



lincs_south_wi

Office Contact Details: WI Office, Pattinson House, Oak Park, East Road, Sleaford

NG34 7EQ. 01529 302398

fedoffice@lsfwi.org.uk

Charity No -506268

TAKE A CHANCE

March winners:

- Julie Greetham Metheringham WI
- Rita Guest Tollgate WI

TAC winners:

To assist with the payment of TAC prizes please contact the office with your bank details or confirmation that you would prefer to be paid by cheque

Email: info@lsfwi.org.uk

Why not join the TAC club for 2022/23??

Winners drawn 11 times a year (monthly except August) with an extra draw at the Federation Annual Meeting in March.

Half of the monies raised will be used for prizes, the other half will provide a much needed boost to Federation funds.

Only £5.00 per application

Each applicant will be allocated one number for each £5 payment. Application form at end of newsletter.

OFFICE OPENING

WI Office will be open on Monday, Tuesday and Wednesday from: 8.30am until 2.30pm

Please note the office is closed on Bank Holidays If making a special journey, please contact first.

Denman

May offers a host of online courses including:

Modern calligraphy for beginners

Join Jane for this introduction to modern calligraphy class. This is a great way to get started with calligraphy and be creative.

Geoff's Talk on Eleanor of Aquitaine

Join Geoff for this exploration into the remarkable life of Medieval Queen Eleanor of Aquitaine 1122-1204. Eleanor was Duchess of Aquitaine in her own right, she was one of the wealthiest and most powerful women in Western Europe. She could read and write and was dynamic and highly cultured.

Family History – Focus on Military Ancestors with Jessica

If you're wondering what records and resources are available to help you learn about your military ancestor, this course is for you.

This session is suitable for you if you're a complete family history beginner, and also if you have already made progress in your research and would like to find out more.

Courses are from 1 hour in length and generally cost from £5 (although some are FREE)

Check out the availability at:

https://www.denman.org.uk/

Also Denman on Demand and

Denman on Tour.

NFWI Annual Meeting Saturday 11 June

When: Saturday 11th June 2022 Where: Liverpool M&S Bank Arena

10.30am to 4.30pm

Virtual observer tickets are available to purchase at a cost of £5. The tickets cover one device – so why not get a few WI friends together!

These tickets can be purchased via Eventbrite and are available through MyWI:

https://www.eventbrite.co.uk/e/2022-nfwi-annual-meeting-observers-tickets-183516712427

NFWI 2022 Annual Meeting Speakers Announcement

Sarah Clarke OBE – Black Rod

Sarah Clarke OBE is a British administrator. Since 13 February 2018, she has served as the first female Black Rod in the 650-year history of the role. She is also the first woman to hold the posts of Serjeant-at-Arms for the House of Lords, Secretary to the Lord Great Chamberlain and to be appointed an Officer of the Order of the Garter. Sarah Clarke has previously worked in senior roles at four Olympic Games (including London 2012), the London Marathon and UK Sport. She also previously ran the Wimbledon tennis Championships.

Helen Clarke - Prime Minister of New Zealand (1999 - 2008)

Helen Clark served three successive terms as Prime Minister of New Zealand between 1999 and 2008. She was the second female to hold the position. During her time as Prime Minister, she led on many governmental issues and policies. She led policy on a wide range of economic, social, environmental, and cultural issues.

In 2009, she became the United Nations Development Programme (UNDP) Administrator until 2017 and she was the first woman to lead the organisation

Representatives from Scottish Women's Institutes & Federation of Women's Institutes Northern Ireland

WI Diary 2023

The NFWI WI Diary for 2023 will have a red cover that is completely recyclable, which makes the whole diary recyclable except its ribbon.

The price of the NFWI Diary is £7.00.

Closing date for orders 31st May 2022

Please order through your WI Secretary

The diary will also be available at a later date direct from the WI Shop:

https://shop.thewi.org.uk/

ACTIVITIES

WI Office workshops are back!!!

Felt Craft Workshop – Little Bird Mobile

Tuesday 5th July 10am to 2.45pm £15 for members

Closing date: 6 June

A workshop led by WI member Pat Masters

Application form and full details with WI Secretaries

The Activities team have workshops and outings arranged from now until 2023. We have looked at the skills that members have and are able to share. Workshops will often be held at WI Office and will always include tea/coffee and biscuits. You may be asked to bring basic equipment. Materials will usually be included.

These events have been organised based on feedback we have received. So please sign up! We are certain that you will have a good time of fun and friendship with WI friends, old and new.

Would you like to join our Activities team? You don't need any skill - just a willingness to attend a few meetings and to brainstorm events.

Come along to a meeting and give it a go!

NB: There are a couple of spaces available on the Pin Cushion workshop

(English Paper Piecing method)

Tuesday 3 May 10am to 2.45pm.

WI Office - £10 to include materials.

Please contact WI Office to save your place

Tina Orange, Chair Activities Committee

WI Walking

Now that the weather is improving (fingers crossed!) and we are all thinking about getting outside, why not share with us your favourite walk.

Please send details to WI Office: fedoffice@lsfwi.org.uk

Federation Quiz

Great Hale Víllage Hall, NG34 9LH Fríday 29th July 2022 from 7pm Members £7.50 Non-Members £9.00

To include a hot supper

Join as a team of four and compete for the honour of your WI, or if you cannot make up a team, we will attempt to put individuals into mixed teams

Closing date for entries: Monday 13th June 2022

Details with your WI Secretary

Are you knitting WInnie the Corgi?



Ruskington WI were amongst the many who discovered that the knitting pattern previously published was incorrect. NFWI Chair Ann Jones, confirmed this recently at Lincs Humber Federation's annual meeting – apparently the four legs/paws all face the same way resulting in an odd looking Corgi.

The corrected knitting pattern as amended by

Ruskington WI is attached to this newsletter. WI members are being asked to create a corgi named WInnie and hide her in their local community as a fun

surprise for others to find and keep, after attaching the tag as shown. Members are encouraged to make as many WInnies as they wish, in whatever medium they have available. The plan is to hide them in any suitable location and to cheer up someone's day. The lucky recipients will be able to log their find and a picture on an interactive map on the WI homepage, which will go live from 1 May. Further details will be available from WI Secretaries in the next mailing.



SPEAKERS

Has your WI had a speaker that you really enjoyed – but isn't in our Yearbook? Please send your recommendations to WI Office so that we can make contact.

MEMBERS ADVISORY COMMITTEE

If you haven't signed up for the MCS workshop, don't despair -there are still one or two places available Thursday 5th May at WI Office from 10am-12 noon. If you can't make it but still need some help contact your Adviser and we will do our best to guide you.

Welcome to all new Treasurers, Secretaries and Presidents who have stepped up to the team at your Annual Meeting!! We haven't planned any formal training courses this year but are happy to do so if there is sufficient demand.

However, do not hesitate to contact your Adviser if you would like some training or help with any aspect of the task and we will be more than willing to assist you.

SPEAKERS CORNER

23 May 2022

7.30pm to 9.30pm

Ticket Price: £7.50

(can be paid from WI Funds)

At: Cranwell Village Hall, Old School Lane, NG34 8DF

A chance to come along and listen to our prospective new WI speakers

as they give us a brief presentation.

New speakers for our federation and WIs to enjoy.

Full details and application form with your secretary now.

As we get closer to the Annual Meeting in June, every WI is encouraged to consider how they wish their delegate to vote at the Annual Meeting. This year, in addition to the local and regional resolutions events organised by WIs and federations, the NFWI is hosting a virtual resolution event ahead of the debate taking place at the Annual Meeting.

The event will take place on **Monday 25 April at 7pm, via Zoom**, last for approximately an hour, and will be a great opportunity for members to come together and learn more about this year's resolution topic ahead of deciding how their Annual Meeting delegate should vote. The event will not consider arguments for and against the resolution but will allow members to find out more about the issues.

Members will hear from **Dr Hannah Belcher, researcher at King's College**. Hannah has lectured in Psychology and mental health since 2016, for both the Open University and Anglia Ruskin University. Her focus includes the often late and missed diagnosis of autistic women.

To attend you will need to register via this link in MyWI:

https://mywi.thewi.org.uk/nfwi-news/articles/sign-up-for-the-am-resolution-webinar

Marilyn Hood, Chair Membership Advisory Committee

News from our WIs.....

Long Bennington WI

Our March meeting was our Annual Meeting at which the new committee and President for 2022/23 were elected. Four members of the previous Committee were standing down, including the President. In appreciation of their service, presentations of colourful flowering hanging baskets were presented to the Committee members standing down and, following WI tradition, a "President" clematis was given to the President. In her outgoing President's address Jan thanked all the Committee for



their hard work and success in keeping the WI flourishing during the last few 'Covid' years as well as all the WI members for their unwavering support. She commented on the positive aspects of lockdown as it had encouraged members to learn new skills, become more supportive of each other and develop new enduring friendships. The last three years have been a period of growth - in fact at around 60 the group now has more members than ever before. Margaret B was elected as the new President.

Following the formal business members all enjoyed a social Cheese and Wine evening with a 'free' raffle.

Members are looking forward to their visit to Newark Palace Theatre to see 'Singing in the Rain' in March and are dusting off their tennis gear for April's meeting on "Tales from a Wimbledon Umpire."

Corby Glen WI



We enjoyed a fun filled, successful needle felting evening.





Gonerby Hill Foot WI

A craft and tombola stall was held in the Isaac Newton centre.

Further funds were raised by an auction, raffle proceeds and the selling of soft toys. All the members took part in some way either by donating to the tombola stall or making craft items via our knit and natter group.

A total of £810 was raised and given to a local charity LIVES. The photo shows the cheque presentation to Dr Steele and her husband, patrons of the charity.

Ruskington WI

Whilst arranging our Platinum Jubilee celebrations we have noticed that the published pattern for Winnie the Corgi has some errors. We have amended the pattern (knitting only) so that the pattern knits to resemble a Corgi. This is attached to the newsletter. We are also applying for a Community Champions grant from the Lincolnshire Co-op.

Anyone who has a dividend card can vote, so please inform all your friends, and family to encourage them to vote for our Ruskington WI group

Voting will take place online from Wednesday 6th April to Sunday 24th April 2022. Please visit the link below.

www.lincolnshire.coop/ccvote

Amanda Smith Ruskington WI Secretary

Wellingore WI

We run Walking Netball sessions every Tuesday from 2-3pm. Our next session is 26th April and hope to be outside (weather permitting). We will continue to use the Hall in case of inclement weather and also to keep our things safe. The cost is £3 for WI members and £5 for non members. We meet at Wellingore Memorial Hall, West Street, Wellingore, Lincoln LN5 0BD

All welcome!

Wendy Nugent, Walking Netball

Walking Netball Live Session

As part of the Me, Myself and WI week NFWI are pleased to offer a free session with the wonderful Walking Netball team. If you are interested in participating please follow the zoom link below to book a place.

You are invited to a Zoom meeting. When: May 12, 2022 12:00 PM London

Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZYIcOiqrjMuHN1TJ48_VOaIsPeOqRc5La0U

After registering, you will receive a confirmation email containing information about joining the meeting.

The WI Raffle 2022

1st prize £10,000

Maybe spend this on someone to do your washing....

2nd prize 10kg Washing Machine

You didn't win the 1st prize so doing your own washing....

3rd prize Espresso Machine

You need some energy with all the washing you're doing.....

4th prize Theatre tickets for 2

Washing all done, Cinders can now go to the ball.....

With thanks to Amanda of Ruskington WI for the amusing spin!

NFWI News.....

Me, Myself & WI

Following on from our Activities update sent at the beginning of the year I'm pleased to announce details of this year's *Me, Myself and WI*.

The objective of this activity is to encourage members to take time to look at their own mental health and physical health and general wellbeing, making time to put themselves first and recognise ways in which they can make small adjustments to their daily life and to help improve their understanding of the importance of taking care of their mind and body. We feel strongly that the objectives of *Me, Myself and WI* fit beautifully in support and recognition of the National Mental Health Awareness week, starting on the 9 May 2022. As such, *Me, Myself and WI* will offer a week of activities to encourage members to take a step out of their normal routine and take some time to focus on themselves and their wellbeing.

Please find attached an advert which gives an outline of the week plus the *Me, Myself and Wl* logo, which will be used during the lead up to and throughout the week, so that members can easily associate activities with the event.

Activities will include:

- 10 Minutes of Mindfulness daily recordings.
- Information from the Met Police on online fraud, sexual consent and drink spiking.
- Mindfulness colouring pages
- Updated Watchlist
- Craft projects
- Cookery projects

Woodhall Spa Show

We are providing a refreshment tent at this event to raise funds for the Federation. On the day we will serve hot and cold drinks with cakes and cookies.

We would welcome any offers of help with the baking for the event.

If you are able to help please contact WI Office for further details. Due to the limited onsite facilities at the show, we are limited to the type of bakes that are required:

fedoffice@lsfwi.org.uk

It looks like a great day out!



Pennants

The pennants are now all attached to create a magnificent bunting. Here are just a few of them hanging in my garden. It really is spectacular and says so much about us – the care and attention that has been devoted to this project is amazing. Whilst I would love to keep it in my garden it really needs to be shared. If you have an event that you would like to borrow it for, please get in touch. It is over 60ft long so the pictures below are just a snapshot of a few pennants.



CLIMATE AMBASSADORS

Humankind (or Kind Human! – make a change in 2022)

I recently was on a long trip and bought a book for the journey, called Humankind. It is a fascinating blend of anthropology, psychology and history and the central argument was that we humans are intrinsically good, not selfish, destructive or evil. Exceptions exist, we know, but very often people rush to help others in need and can come together to work for the general good, witness during Covid 19 and the current Ukraine crisis. The climate and biodiversity crisis also needs you to be a kind human!

But you may say, "What can I do to be kind to the planet – I am one of seven billion!" Every little change we make can help, can influence others and snowball into a big step-change... and it must! Business, government and citizens all need to keep the momentum going, to change our habits and address the problems of the climate crisis.

So can you make a small change this year? And next....? It all adds up!

Thinking of the four areas which are generally addressed: Transport, Food, Clothing and Housing/Energy.

Transport

• Try logging your weekly mileage and cut out one car trip per week or share cars?

Food/ Grocery

- Minimise your purchase of imported foods, especially those that arrive by air! It's tough we are spoilt with year-round fruit imports could you swap one import for a local-grown fruit? Saving CO2!
- Minimise food waste (food waste generates Methane gas, 25 times worse than CO2!). Why not use leftover veg for a veggie meal on that day when the fridge is nearly bare? Save CO2 and perhaps Methane emissions on beef production.
- Reduce your use of plastic could you swap to shampoo bars? Conditioner bars? They are economical and use no plastic, and are also lighter to transport. Ditch the clingfilm? Reducing plastic and CO2 emissions.
- Refill "stations" it's a growing business with many operating as pop-up shops. There will be one near you.

Clothing

• Visit charity shops....for a month...or longer? Recycling clothes doesn't produce extra emissions compared to buying new. Estimates by watercalculator.org say a new cotton T-shirt requires 3000 litres of water, and production and transportation energy.

Housing and Energy

- Turn down radiators, close doors on unused rooms, turn down your overall thermostat just 1 degree. The International Energy Agency advises us that reducing your thermostat by 1 degree Celsius will save £80 per year. Saving CO2 also.
- A quarter of heat is lost through the roof! Can you improve that insulation this year?

Just one small step **IS** do-able, **WILL** make a difference, **COULD** influence someone else, **CAN** help to be kind to our planet.

Please give serious thought in 2022 – just one small step for you, our planet and humankind.







Wendy Wooldridge – Climate Ambassador

LINCOLNSHIRE SHOW 2022 HELPERS WANTED PLEASE

As you know, this year's Lincolnshire Show, the first for three years, will take place on Wednesday 22 and Thursday 23 June 2022.

This Show will mark the first where Lincolnshire South and Lincolnshire North Federations will act in partnership to showcase all that is good about the WI and we want to make it our best Show ever!

We need **Marquee Stewards** to work in the main marquee and **Catering Helpers** for our large and busy food area. Each shift will last for four hours. You will receive one free entry ticket into the Show as a "thank you" as well as a food voucher to be used before or after the shift; drinks will be supplied during your shift.

Our Marquee Stewards will be the face of the WI. You will need to engage with members of the public and help showcase our Federations. You must be friendly and helpful, explain the purpose of our competitions, encourage participation in the 'People's Choice' vote and be able to stand and mingle with the public for the full length of your shift.

Our Catering Helpers will be assigned to a 'team' in our food preparation area and become part of that 'team' for the duration of your shift.

If you would like to be part of our "dream team", please contact your WI Secretary, who has the application form and all details. And don't delay....the closing date for applications to be received is Monday, 9 May.

Confirmation of participation will be sent out in the middle of May and all helpers will be invited to attend a Briefing Meeting before the Show. This will take place at the Lincs North WI house in Horncastle on Wednesday, 15 June or at Lincs South Federation Office in Sleaford on Thursday, 16 June. Both meetings will commence at 7pm and will be our opportunity to explain your duties in more detail and distribute your free entry ticket to the Lincolnshire Show. It would be appreciated if you could indicate which meeting you would like to attend so that we know how many to expect at each venue.

.....and on the subject of the Lincolnshire Show

Do you have odd balls of wool left over from a project, spare buttons, pieces of fabric that you won't use....? If so, please let us have them for our "New to You – Crafty Bits & Bobs" stall at the Lincolnshire Show.

Please bag your unwanted items and deliver them to the office in Sleaford *by Tuesday* **<u>31 May</u>**. Thank you so much for your support.

We regret we cannot accept items at the office after the closing date nor at the Showground.

Forthcoming Diary Dates



Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.

Please pay by online banking if possible, once your place has been confirmed, quoting the appropriate reference.

Cheques are not banked until the closing date is reached and/or places secured.

FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY

Date	Event	Ticket	Ref	Closing
Thursday	MCS Surgery – WI Office	£6	MACMCS	25 Apr
5 May	10am – 12 noon			
Tuesday	Embroidery workshop –	£35	ACTE	25 Apr
10 May	WI Office 9.30am – 3pm			
Monday	Speakers Corner – Cranwell Village Hall	£7.50	MACSC	2 May
23 May	7.30pm – 9.30pm			
Tuesday	Ladies Lunch with Baroness Hogg at	£20	PA&EKH	2 May
24 May	Belton Park Golf Club			
Tuesday	Felted Bird Mobile workshop –	£15	ACTBM	6 Jun
5 July	WI Office 10am to 2.45pm			
Friday	Federation Quiz – 7pm onwards	£7.50	JLY22QUIZ	3 Jun
29 July	Great Hale Village Hall – supper included			

June 2022 Newsletter

Please send any contributions for the next newsletter by **18 May 2022** to: <u>fedoffice@lsfwi.org.uk</u>



TAKE A CHANCE DRAW

June 2022 - May 2023

Why not try your luck?

Winners drawn 11 times a year (monthly except August), with an extra draw at the Federation Annual Meeting. Half of the monies raised will be used for prizes, the other half will be used to support the Federation. **Only £5.00 per application**

Each applicant will be allocated one number for each £5 payment.

All allocated numbers will be entered into each draw.

To comply with Charity Commission law, only applications from individual members can be accepted.

To apply, please complete the form below and return to the WI Office **before 7 May 2022**. Applications by email to: <u>fedoffice@lsfwi.org.uk</u> or by post to the address below.

Where possible please send your payment by online banking to: Account Name: Lincolnshire South Federation of WIs Bank: Lloyds Bank Sort code: 309089 Account no: 43337760 Reference: TAC/ your name [eg: TAC/janesmith] [NB: You must add this reference so we know who has applied]

If paying by cheque, please make payable to: **LSF of WI** and send form and payment to: Federation Secretary, WI Office, Pattinson House, Oak Park, East Road, Sleaford NG34 7EQ After the closing date members' numbers will be emailed along with the rules. If you require your membership number and rules to be posted, please include a SAE. For full details please contact WI Office: <u>fedoffice@lsfwi.org.uk</u>

 Take a Chance 2022-2023
 Closing date 7 May 2022

 Name & Address:
 Post code:

 Post code:

 Your Email:
 WI:

I enclose payment of £..... for...... applications.