

# **Lincs South Federation News**



## Hello,

What a month we have just lived through....the sad news announcing the death of Her Majesty Queen Elizabeth, sent shock waves around the country and beyond. For me it will be one of those moments that I will remember exactly where I was when I heard the momentous news. We were stunned by the loss of our longest reigning monarch whose grace, humanity and fortitude will be her epitaph. She joined the WI in 1943 and, when she could, visited Sandringham WI in January. Members there described her as 'simply one of us'.

We all paid our respects in different ways; whether it was observing a silence or visiting Westminster Hall, as our trustee Janis did (page 10). Most definitely an end of an era.

Best wishes





FIND US ON THE NFWI WEBSITE: https://lincolnshire-south.thewi.org.uk/



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Charity No -506268

# **COFFEE MORNING**

# FRIDAY 18 NOVEMBER

# 10.30AM TO 12 NOON

# WI OFFICE SLEAFORD

- Raffle
- Tombola
- Book Sale
- Gift sale

Join us for a pre-Christmas chat over a coffee and cake, and maybe even a mince pie!

# Why not join the TAC club for 2022/23??

# There's still time!

Winners drawn 11 times a year (monthly except August) with an extra draw at the Federation Annual Meeting in March. The draw starts in June and runs to May.

Half of the monies raised will be used for prizes, the other half will provide a muchneeded boost to Federation funds.

#### Only £5.00 per application

Each applicant will be allocated one number for each £5 payment. Application form available from WI Office: <u>fedoffice@lsfwi.org.uk</u>

# Denman

# October offers a host of online courses including:

#### Sea Slug Felt Scarves

Join Sue Pearl for a course making these delightful felt scarves made in lovely soft merino wool.

To make these scarves even more scrumptious you can use a fine merino wool and silk mix. The scarves fit snuggly around your neck creating a pretty collar that is both warm and decorative. Finish them off with a sparkly brooch and you have something that would dress up any outfit as we descend into the colder months, plus they make wonderful homemade gifts.

# Line Drawing with Kendrick – flowers, leaves and trees

#### Two part course

This course will be taking place over 2 sessions spaced 2 weeks apart, to allow plenty of time to practice between sessions. Each session will be approx 90 minutes in duration.

Many Denman at Home courses are now recorded and allow extra access to the recording for up to 14 days after the initial session.

Courses are from one hour in length and generally cost from £5 (although some are FREE)

Check out the availability at:

https://www.denman.org.uk/

....and now...

Denman on Demand and Denman on Tour

# ACTIVITIES

#### **RUTLAND WALK**

Another sunny day! Another walk organised by the Federation.

Eleven of us met at the Finch's Arms in Hambleton on Wednesday 6th September for what I thought would be a nice stroll round Rutland Water.

Hambleton is a small village about two miles east of Oakham. Since the construction of Rutland Water in the 1970s, the village has been closed off on three sides by water and the area is known as the Hambleton Peninsula.

Our walk began at St Andrews Church – one of the oldest churches in Rutland. In fact, the Domesday book records that it was the mother church for three other churches in the area. In Saxon times the manor of Hambleton was part of the dowry of Aelfryth, the mother of King Ethelred the Unready. It passed to his wife, Emma and then her daughter Edith, wife of Edward the Confessor. Through her connections to Rutland her name lives on in the name of Edith Weston village which lies on the south bank of Rutland water.

First a picture of the group taken kindly by Bob Orange before we move on. Down the lane and across a field, through a small wood and onto the edge of Rutland Water. The water was very low due to the lack of rain this year, but plenty remained for many species of water birds. Further along we took a rest whilst admiring Normanton Church across the reservoir. This was saved from flooding when the reservoir was created by the building of a bank around it, so that the rising waters didn't flood it. It can still be visited today from the south shore.

We continued our walk which was quite up and down so there was good cardio to be had. The beauty of this walk is it's never boring as it passes from open grassland to woodland which is quite dense in parts to tracks and then back on the road to where we started. In total we walked about six miles – an enjoyable six miles! Next stop for seven of us was lunch in the pub which we could highly recommend.













Shelagh Coates, Trustee

# **Christmas at Belvoir Castle**



Tuesday 22 November 2022

Tour will commence at 11.00

Ticket Price £ 20.00 Non-member £22.00

Come and join us on a tour of the Castle resplendent in its Cinderella themed Christmas decorations and see rooms not available to the general public.

The tour will take just under 2 hours at the end of which members will be able to take refreshments in the Castle's tearoom or alternatively you can bring your own lunch to eat in a private, very comfortable, lounge. There is a gift shop on the ground floor.

After lunch there is an opportunity to visit the Engine Yard's Christmas Market and browse its interesting and varied shopping outlets.

As with all historical buildings the Castle does not have lifts – however for members with limited mobility there is the opportunity to visit the ground floor areas only of the Castle.

Closing date for applications:

#### Monday 7 November 2022

#### **Important Information**

This is a 'take your own car' event. Members will be permitted to park in the top car park outside the castle entrance for the morning before moving to the lower car park for the afternoon. Car parking is included in the price.

Please car share wherever possible.

Application Forms with your WI Secretaries now.

# **Cutlery Holder Workshop**

- Last few places available.
- Tuesday 1 November 10am to 3pm £7 (members)

Includes all materials, tea/coffee, and biscuits Full details with your WI Secretary Closing Date: **11 October 2022** 

#### Please pay by online banking if possible, once your place has been confirmed, quoting the appropriate reference.

Cheques are not banked until the closing date is reached and/or places secured.

Chris Jordan, Chair Activities Committee

# MEMBERS ADVISORY COMMITTEE



### October = MCS Month

The MCS (Membership Communication System) is the most important tool at all levels of the WI. Therefore, it is vitally important that the information stored there is kept up to date. To highlight this, June and October have been designated as 'MCS month' throughout the organisation. All WIs are encouraged to appoint an MCS Rep to take responsibility for their records, and WIs who already have an MCS Rep are asked to ensure that all their records remain accurate:

- Is where and when my WI meets correct?
- Are all paid-up members listed?
- Are all members' details correct?
- Do all members, including officers have a valid and up-to-date email address listed?
- Are all lapsed members removed?
- Are all officers' roles and committee positions assigned to the correct members?

If you or your MCS Rep need any help, please contact your WI Adviser or WI Office

Marilyn and the WI Adviser team

# News from around our Federation..... Colsterworth WI



On a very hot Saturday in August, Colsterworth WI held a chocolate and sweet tombola at the Village Gala. Thankfully we had been able to move from an outdoor pitch on the Sports & Social Club field in the sunshine to one in the cooler environs of the village hall. Otherwise, the chocolate and those running the stall would have melted away. Despite the heat many villagers ventured out to the event and tried their hand on our tombola. A successful afternoon was had, and funds raised for our WI. We donated the chocolate and sweets that weren't won to our local Foodbank for a treat for the children before returning to school.

Helen Scorror, Colsterworth WI

# Claypole & Dístrict WI



Our oldest and longest serving member reached 100 years young in September. Eileen Milner still attends meetings with her daughter Gill who arranged the special celebrations during our meeting.

We had a cake of course, brought on to a chorus of "Happy Birthday to you". Eileen blew out her candles – no, not 100 or

the cake would have been flattened! - and

enjoyed her slice of chocolate cake and a nice cup of tea. Our speaker for the evening was Lesley Bensley who spoke about the history of the Oxo cube and showed two centuries of mementoes and publicity material. She had been forewarned about the centenary and gave Eileen a special souvenir box of Oxo, and a cuddle with the very valuable souvenir Oxo doll. Our members gave a beautiful orchid as we know it is Eileen's favourite flower.



Jane Ford, Claypole & District WI

#### Deeping St James WI



Deeping St James WI held their August meeting on 25<sup>th</sup> August 2022 by having a Summer Party. This was a buffet where all members contributed food and a great time was had by all. Pat Able, a previous member, brought her mysterious objects for us to identify.



DSJ WI

### Grantham DIY

We've had a mixed summer of some highs and lows. A couple of events we had planned were thwarted by adverse and we were very disappointed when we heard that the Silver Birch we planted in Grantham's Dysart Park, had been uprooted and stolen. Unbelievable! We registered it as part of The Queen's Green Canopy initiative and had a plaque engraved to say it was planted by us to commemorate The Jubilee. We were very upset by the vandalism. Our tree only lasted for two weeks, and we felt quite dis-spirited.

However, all was not lost. We have found another way to contribute something to the local environment by taking on a garden plot adjacent to Wyndham Park in Grantham. We are calling it our Wellbeing Garden. The objective is to plant it with shrubs and perennials, to create a cottage garden. All our members are encouraged to come to the garden and help maintain it. Gardening is great exercise, and it is known that being amongst nature is good for our mental health, so we hope as many people as possible take advantage of the space. Due to the hot weather, the garden will get going properly in the Autumn, but we have managed to get a number of plants established and hope they are absorbing some of the pollution and carbon dioxide from the atmosphere



On July 17th, Grantham DIY WI had a stall at a small market in Wyndham Park. We promoted The

WI and our own group by talking to people about what The WI is about with emphasis on the WI campaigns. We had a lot of interesting conversations with both women and men and hope to get some new members. We ran a tombola and raised money to buy plants for The Wellbeing Garden, but the star attraction was The



Federation bunting which was much admired by



the public. It was such an enjoyable day that we aim to do it again near Christmas.

Ann Kilroy, Grantham DIY WI

# Metheringham WI

Our speaker for our August meeting was magician Paul Vickers. As well as many fun magic tricks, Paul gave us a fascinating insight into the history of magic. Paul made it a thoroughly entertaining evening, full of fun and amusement. His "glamorous assistant" for the evening, the lovely Dawn, was a real sport! Thanks Dawn, you did us proud!

Last month our treasurer asked members if they would like to donate pre-loved handbags to be filled with useful items for women in need, for the very worthy charity the "Love Grace" handbag appeal. The charity is in memory of Grace Millane, the student from Lincoln University, who died in New Zealand in December 2018. As usual our members excelled themselves with a total of 14 handbags, filled with goodies and treats, which they kindly donated. Thank you everyone! Members were reminded that Dawn is happy to be the collection/delivery point for any further donations.

Christine reminded members of Juli Riley's Charity Bookcase which was set up in 2020 to raise funds for Dementia UK. So far Juli has raised over £1,637 through the generosity of local people in the community.

Metheringham WI

## Carlby & District WI

We held our community afternoon tea in September and one of our members brought along a number of old sewing patterns for dresses, etc.

The patterns sold well and our members would like to offer the ones we have left to other Lincs South WI members. All monies raised will go towards Carlby & District WI funds.

Assorted dress patterns and others for sale £1.50 each. In good condition For more information please contact Margaret Hawkins on <u>margaret@forelec.co.uk</u> or on 01778 590348 for more details.

### Navenby WI

September is our summer outing month, and this year we decided to visit Gainsborough Old Hall. The business of the month was completed on the coach, before departing. We were met at the hall by a volunteer guide. We were given a detailed and amusing history of the building ant its previous owners. The visit was most enjoyable and ended with hall staff laying on a slice of scrumptious cake and a cuppa. The perfect end to a lovely day.

Jackie Jukes, Navenby WI



#### SPALDING FULNEY WI

After the last couple of turbulent years Spalding Fulney WI Drama Group are now ready to tread the boards once more with their latest pantomime – Snow White Revisited.

Our story finds Snow White and her faithful friends all facing up to, and coping with, the challenges of getting older. The Wicked Queen is as vain as ever and thought she had taken steps years ago to eliminate the competition for the title of Fairest in The Land. She is incandescent with rage when her magic mirror finally tells her that Snow White is still alive and is much prettier than her!

Come along and join us for a fun afternoon kicking off the Christmas season with a pantomime for all the family.

**Bromley Memorial Hall** 

Bourne Road, Pode Hole, Spalding PE11 3LW

Saturday 3 December - Doors Open 1.30pm – Curtain Up 2.00pm

Sunday 4 December - Doors Open 1.30pm - Curtain Up 2.00pm

Adults £5 Children (to age 16) £1 Under 5's (sitting on an adult's lap) FREE

\*Ticket prices to include refreshments during the interval

Please TEXT Ann Holness 07765 875871

#### **DEEPING ST JAMES WI**

Deeping St James WI will be hosting a Carol Service at the Priory Church, Deeping St James, Peterborough PE6 8NP on Monday 5<sup>th</sup> December at 2pm.

This will be open to all members, their family, and friends.

Refreshments will be available after the Service

Sue Sheppard, President DSJ WI

#### NAVENBY WI

**CRAFT BAZAAR** 

Saturday 19 November 11am to 3pm The Venue Navenby Lincoln LN5 0JJ **All welcome** 

#### HM Queen Elizabeth II

Wellingore, at 5am, lay quiet and dark. Grantham Station was just opening as I arrived for the first train to London.

I met my sister at London Bridge station, she having travelled up from Folkestone in Kent, and we headed off to find the end of the queue. We quickly made friends with the people around us – a young English Literature student, a Slovakian piano teacher from Basingstoke and a couple from Devon. In response to our query "How long?", a marshal reckoned six hours. That didn't sound too bad, and, as we fairly strode along, taking in the sights as we wended our way through some of the older parts of our beautiful capital city, we were hopeful it might not even be that long.



Everyone was in good spirits. There was no pushing and shoving, no bad feeling at all – it was just really pleasant to mix with so many people from so many places, all with a common goal. We reached Lambeth Bridge in just over three hours. I shared a fist bump with a policeman from Barnsley who was seeking fellow Yorkshire people – in the absence of those, Lincolnshire was close enough! As we crossed the bridge and entered Victoria Tower Gardens, people began to consume their supplies at ever greater speed – many, like us, had brought along enough to withstand a fairly lengthy siege!! The zigzagging through the gardens took another two hours plus and by now knees and thighs were beginning to ache from the constant stop-start progress. Finally, as six hours clicked over, we got the instruction to switch off our phones. Security was polite but ruthless. Absolutely nothing escaped the beady eyes and searching hands of those tasked to ensure there could be no risk whatsoever. The loss of my chocolate bar, biro and a lipstick seemed a small price to pay!



As we entered Westminster Hall and climbed the stairs, all chatter died away. By the time we turned to look down on the expanse of the Hall itself, a hush had fallen. The scene before us was, quite simply, breathtaking. It was the colour that struck me first – vibrant purple catafalque, scarlet red and shining gold of the motionless guards' uniforms, tall black bearskins and barely fluttering horsehair plumes. The coffin, adorned with the Royal Standard, the glorious Imperial State

Crown, the Orb and the Sceptre and that stunning wreath of flowers commanded centre stage. In that wonderful Hall, under the ancient oak beams of the roof, it was a tableau of regal magnificence. There was a feeling of reverence and respect that was palpable.

We were gently directed slowly down the stairs by the Lady and Gentlemen Ushers, immaculate in morning dress, and suddenly, there we were. When I turned to face the coffin, for one long moment it was as if there was no-one else there. It was the most natural thing in the world to bow my head and drop a curtsey. Moving on to give space to those following, some took a moment near the door to take a last look back. I instinctively raised my hand to wave and wish "safe journey". It was a quite incredible feeling.



Emerging back into the sunlight and bustle of Parliament Square, we looked at each other in mute awe at what had just happened. Six hours of queuing for a few brief seconds but none of us would have done differently. It was our privilege to have been a tiny part of a truly historic occasion and I, for one, am so proud to have been able to be there. Janis Tunaley, Trustee Photos – Phil Crow

# PUBLIC AFFAIRS AND EDUCATION

As I write, our Ladies' Lunch at Greetham Valley Golf Club on 20<sup>th</sup> October has been given the green light to proceed. The event is now closed, with 66 ladies having applied. We look forward to another successful and sociable occasion – pictures and a report in a future newsletter.

Arrangements for the Campaign Discussion Day are now finalised. The event will take place on **Thursday 1<sup>st</sup> December** at Scredington Community Centre. It promises to be an interesting and stimulating day, with two guest speakers. Gordon Forsyth, who runs PAACT (Parents & Autistic Children Together), and whose 19-year old daughter was diagnosed late with ADHD, will talk about his "Magic Moments". After lunch, Shayne Taylor, who has worked for 20 years in the food production and processing industry, will talk about his personal experience of identifying, challenging and changing the structures of businesses which enable the exploitative loopholes of Modern Slavery.

# Don't miss this opportunity to learn more about two of our current WI mandates, ask questions and gain a greater understanding of what your WI can do to support them.

Your WI is invited to send one representative paid for from funds and it's definitely a day not to be missed. The flyer is with your WI Secretary, so don't delay, apply today!



#### **October is ADHD Awareness Month!**

ADHD Awareness Month is celebrated every October, with events and activities happening all across the country and now, around the world, on the ground and on the Internet, capturing the notice of numerous national, regional and local media outlets resulting in articles, interviews and feature stories.

The mission of *ADHD Awareness Month* is to educate the public about ADHD by disseminating reliable information based on the evidence of science and peer-reviewed research.

Why not start your own conversation with members and friends

So, this October talk to your friends and family about ADHD and neurodiversity. Together we can try and bring more understanding to the wider world about the challenges and positive aspects of living with ADHD.

### **Book Review**

## The Summer That Changed Us –

## by Cathy Bramley

'The sparkling seaside village of Merle Bay, with its beautiful beach scattered with sea glass, is a place where anyone can have a fresh start' (from back of book).

Having read a couple of this authors many books, and finding them very easy to read, if sometimes predictable, I saw this in the supermarket and decided to pick it up.

Full of friendship, grief and learning about how to channel your inner strength to move on and be happy.

The characters are lovely, I enjoyed it from the first page.

The story follows three women, Katie, Grace, and Robyn, who have never met before but due to an unfortunate mishap, form a close bond of friendship. Each hiding from their own issues and worries, they soon learn over one summer that a problem shared is a problem halved.

Katie had inherited her Auntie Jean's lingerie shop called Auntie Smalls' and enjoys running it with her co-worker Nula. Merle Bay becomes a safe place for Katie, and she finally finds happiness, and has a great rapport with her customers who she goes above and beyond for. She becomes a support system for many of them, and although you do feel though that she is constantly looking over her shoulder – the author doesn't keep us waiting and Katie's skeletons are soon revealed.

Grace is someone who needs time away from her previous life, after the sudden death of her husband Myles. She needs an escape, and through a friend she rents Sea Glass Cottage overlooking the beach and it's here where the three women initially meet.

Robyn is the last person who forms the special trio, and she is experiencing a rough time with husband Finn. Her emotions are up and down, and she often sees problems where there aren't any. Meeting Katie and Grace, Robyn finds herself able to talk to them, saying what's on her mind without being judged or condemned.

The beach and sea glass play an important part in the story and throughout each of their special journeys. All three-hit rock bottom but the future is in their hands "*the three of us are going to fight back, we are not going to cower away, afraid of what others think of us, we are going to show the world what we are made of*" – and they do!

You will applaud them every step of the way as they learn that life is far too short to be unhappy, and if like me, will be sad when the story ends.

Tracey Copeland, Federation Secretary



# WI OFFICE

#### WI Office will be open on Monday, Tuesday and Wednesday from: 8.30am until 2.30pm

#### The office is closed on Bank Holidays.

#### If making a special journey, please make contact first.

If you are travelling by car please be aware that SatNav directions often direct to the next road along from Oak Park. When travelling along East Road from the direction of the A17, look out for **KWIKFIT** on the left-hand side. Turn left here on to Oak Park. WI Office is on the right-hand side before Jewsons.

#### **Forthcoming Diary Dates**

Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.

Date	Event	Ticket	Ref	Closing
Thursday 6 October	Paper Flower Workshop – Gladioli 10am – 12.30pm WI Office		CLOSED	
Wednesday 19 October	Talking for the Terrified - 10am to 12 noon or 2pm to 4pm WI Office	£6	OCT22TftT	5 OCT
Thursday 20 October	Ladies Lunch: Greetham Valley Golf Club 12 noon for 12.30Pm		CLOSED	
Wednesday 26 October	Talking for the Terrified – 6pm to 8pm WI Office	£6	OCT22TftT	5 OCT
Tuesday 1 November	Cutlery Holder Workshop 10am – 3pm WI Office	£7	ACWCH11	11 OCT
Friday 18 November	Christmas Coffee Morning – 10.30am to 12 noon WI Office		FREE	
Tuesday 22 November	Belvoir Castle at Christmas 10.30am for 11am Private tour	£20	BEL22	7 NOV

#### FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY

#### November 2022 Newsletter

Please send any contributions for the next newsletter by **16 October 2022** to: <u>fedoffice@lsfwi.org.uk</u>