



Lincs South Federation News

September 2021

Issue 85

Hello,

Like many of us, I have been fortunate to have attended my first 'proper' WI meeting since February 2020.

It was good to see friends and to welcome new members. Many of our WIs have attracted new members throughout the lockdown periods, something that has surprised us all!

Unfortunately, some of our WIs have also had members who have decided not to rejoin. It is understandable that some are not ready to brave meetings, and have opted to take a year off, or to rejoin later in the year.

At the office we have been so pleased to receive your reports of your meetings and the pictures that have accompanied them.

Please keep them coming!

Best wishes

Liz

FEDERATION DAY

SATURDAY

2 OCTOBER 2021

10AM TO 3PM

THE VENUE,

NAVENBY

- SPEAKERS
- LUNCH
- STALLS
- RAFFLE

COME ALONG
AND JOIN US
FOR THE DAY!!

See page 3 for more details



LSFWI Chairman

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WI RAFFLE 2021

We have a few more books of NFWI raffle tickets available.

First prize £10,000

Tickets £1 each

Please contact the office if you would like some.

Closing date

24 September 2021 – so be quick!

Contact: fedoffice@lsfwi.org.uk

THE WI HANDBOOK 2021

The new WI Handbook is now available in digital form only on My WI. It can be found on the **Running Your WI** tab.

This handbook covers everything you need to know about the WI, being a member, and setting up and running a WI. This includes the role of the WI officers, recruiting and retaining members, and dealing with affairs across the organisation.

OFFICE OPENING

With effect from

6 September 2021

**WI Office will be open on Monday,
Tuesday and Wednesday from:**

8.30 am until 2.30pm

“Denman at Home”

August offers a host of online classes including:

Geoff's Literature Talk on Jane Austen's 'Emma'

Join Dr Geoff Doel as he explores Jane Austen's classic novel 'Emma'

Ryan's Fitness Boot Camp - Drop In Session

This fun new class will be a mixture of Bodyweight and HIIT training exercises and will be modified for all levels to give you a workout to suit your own fitness ability (*No equipment will be needed for this session*)

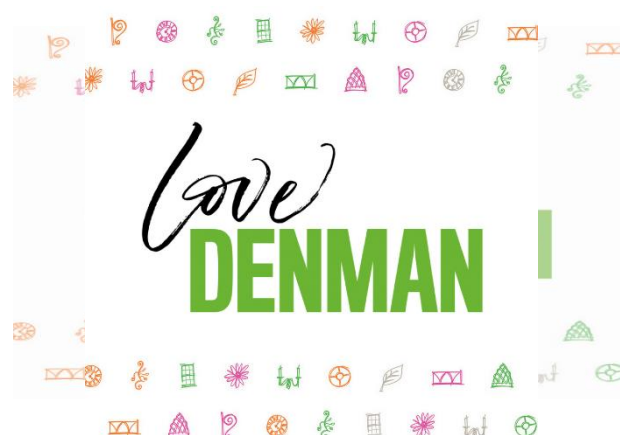
Piped & Corded Cushion Covers with Claire

In this session Claire will show you how to make a cushion cover with a piped trim around the edge.

Courses are from 1 hour in length and generally cost from £5

Check out the availability at:

<https://www.denman.org.uk/whats-on/?search=Online%20Course>



FEDERATION DAY

SATURDAY, 2 OCTOBER 2021

10AM TO 3PM

THE VENUE, NAVENBY, LINCOLN LN5 0JJ

Coffee/tea on arrival

Morning Speaker: **Catriona Adams, Vice Chair NFWI**

Lunch: quiche and salads, plus cake and tea/coffee

Wine available to purchase by the glass

Afternoon speaker:

International Bomber Command Tour Guide

There will be plenty of time to purchase raffle tickets, visit our six carefully selected stalls and, of course, to chat!

Tickets are £10.00 and can be purchased direct from WI Office by cheque (payable to LSFWI) or by online banking.

We would request that tickets are, where possible, purchased by WIs on behalf of members.

This event is restricted to WI members only.

An application form which includes details of any dietary requirements was sent to secretaries in August

Closing date: 10 September 2021

THE VIKING SCARF

Are you up for a challenge? – update

We are joining with our friends from Lincolnshire North, Lincolnshire Humber and Leicestershire & Rutland Federation to 'Knit the Viking Way'.

This long-distance path runs for 147 miles from Oakham in Rutland to Barton-upon-Humber in North Lincolnshire. The challenge is to cover this length (virtually) in scarves.

The average length of a scarf is between 60 and 80 inches, and with double knitting wool and size 4mm needles, between 30 and 40 stitches should give you a decent width. The thicker the wool and the bigger the needle size, the fewer stitches you need, but you can experiment. Thank you to everyone who has already pledged to take part in the challenge. Just to remind you, there is no definitive scarf, just do your own thing – any wool or length. When you have completed your scarf, or scarves, please log your scarf length on the dedicated email address:

lincsvikingscarf@gmail.com . Please Include your name and WI

If you have a suitable outlet for the finished scarves, such as a local homeless charity please retain your scarves. If not please deliver to WI Office or bring to the Federation Day.

For further information, please contact WI Office on fedoffice@lsfwi.org.uk



Sign the virtual 'Happy WI Birthday' card

On 16 September, we are celebrating 106 years of friendship and empowering women. Therefore, NFWI has created a **digital birthday card** and would love as many members as possible to sign it online. The card has been created using a site called Thankbox, which allows individuals to upload an image, gif or video plus message onto an online platform. On Thursday 16th September, we will be sending this card by email to all federations to celebrate WI Day.

<https://www.thankbox.com/app/thankbox/HFzw37z0>

Contribute to our "Wall of Women"

NFWI would like to give members the opportunity to **celebrate friendships made through the WI**. They are inviting members to submit an **image of their choice and a small piece of text** (no more than 50 words) using certain prompts including:

- What has lockdown taught you about the importance of friendship in the WI?
- Is there a particular person that you would like to acknowledge or thank?
- Have you taken up a new hobby during lockdown?

These will all be captured and **created into a virtual exhibition**, which will be **launched on social media and on My WI** on 16 September to celebrate the day.

The link is [here](#) (or go to: My WI, Make, Create and Do > Latest News)

Deadline: 5pm on Friday 10 September 2021

News from our WIs.....

FOSTON WI

Foston WI – 100th Year Celebration

Foston WI was finally able to celebrate their 100th year in style, on 13th July 2021. This should have taken place in February 2021, taking 2 years in the planning, but naturally was delayed due to



Covid. Instead, we gave each member a rose bush, called “We’ll Meet Again” – now we are waiting to see who has the most blooms! Kathryn Singleton the President at the time when we should have been celebrating, presented Eileen Ross with her President’s badge on the night. In exchange, Kathryn was given a voucher as a thank you from all the members.

Gillian Clayton, one of our members kindly offered her beautiful garden as a venue, so we could hold a Garden Party. A marquee was erected just in case, as the weather had been unsettled, but we were fortunate as the sun shone during the whole event. Members made bunting, in WI colours, and hung this round the garden and donned their pretty frocks,



hats and fascinators for the occasion. An excellent buffet, provided by Bakehouse Barista, was accompanied by a 100th Celebratory cake and toasted with Pimm’s. Pearl Farmer our oldest member at 90, who joined Foston WI 66 years ago, did us the honour of cutting this special cake!

The Grantham Journal kindly sent a photographer along, who took several photographs, which will be a nice memory for everyone. The paper kindly printed an article in their paper the same week, which included a group photograph, one of the cakes and a lovely one of Pearl Farmer, Gillian Clayton and Eileen Ross our President.

Liz McIntosh, the Chair of Lincolnshire South Federation attended, and gave a lovely speech when presenting us with our much prized 100th Year Certificate. (1921 – 2021). We also welcomed several past members who joined in the celebrations.

Since going into lockdown, we have been keeping in contact with our members, leaving gift bags, making phone calls, afternoon teas and Zoom meetings. Hopefully our meeting, in the village hall will be resuming in September.

Our best wishes to you all and take care.

Maggi Challis

Foston WI
Publicity Officer

BRIDGE BUNS & ROSES WI



We had wanted to put on our afternoon tea event again for the community, but due to Covid we had been unable to do so. We now hope to do this next year and have been awarded some money from the Co -Op Community Champions scheme to help us achieve this. The photograph shows Roz from the Co-op (far left) who came to our evening to award us the cheque.

Karen Coxford
Bridge Buns & Roses WI

BURTON CORNER WI

We had our garden party on 10 August. We had a great day and the weather stayed fine until we had cleared up most of it!



Judy, secretary Burton Corner WI



BASTON WI

Towards the end of August, Margaret Wilson organised an afternoon of Tea and cake for Baston Ladies and friends. The afternoon raised £175 from donations for Breast Cancer Care.

The weather was kind which enabled us to have a pleasant afternoon outside.

Baston WI

BASSINGHAM & DISTRICT WI



Bomber Command through the words of those who served. An excellent cafeteria and a lovely gift shop. The photos show the memorial spire and our members enjoying the visit.

Like many WIs during the lockdown we have been holding our monthly meetings via Zoom. Following a talk by Nicky van der Drift, CEO of the International Bomber Command Centre, a group of members took the opportunity to visit the centre at Canwick near Lincoln. The site is certainly worth a visit. The view of the Cathedral from the grounds is outstanding. We had an excellent guide who told us interesting stories about some of the aircrew and how the Centre came into being and why. Thousands of names are recorded on the memorial walls. Inside there is an exhibition telling the story of

Jane Root - Bassingham & District WI

HOLBEACH WI

Carol Wilson President of Holbeach WI presented two long standing members with flowers and a card this summer. Chris Haynes has stepped down from the WI after over 40 years of being a member. During this time Mrs Haynes has been on the committee and held the position of Vice President for many years.

Joyce Waterfall has also stepped down from the WI after being a member for over 50 years. During this time Mrs Waterfall has also served on the committee for many years and held numerous positions of office during this time.

These two ladies will be missed greatly by Holbeach WI as they have always contributed to the general running of our WI.



Holbeach WI

RAUCEBY WI



We were delighted to be able to hold our first proper meeting in our hall.

It was well attended and we gained three new members! A warm welcome to Sally, Yvonne and Heather.

It was so good to meet up again.

Sam
Secretary Rauceby WI

DEEPING ST JAMES WI

DSJ WI had an informal gathering on Thursday 29 July with an afternoon tea to welcome back our members. A very enjoyable afternoon in the sunshine. Our monthly meetings will begin again with the August meeting.

Jules, Deeping St James WI



THE 27TH INTERNATIONAL GILBERT & SULLIVAN FESTIVAL

THEATRE TRIP TO BUXTON OPERA HOUSE

On Wednesday 4 August I met up with other Lincolnshire South WI ladies and a few husbands outside the Buxton Opera house as we waited to go to see Gilbert & Sullivan's "Patience". It turned out to be a very good production, light hearted and humorous with a professional cast. Very typical 'G & S'. The opera house is a beautiful building to visit; it has wonderful décor that really takes you back in time. I am hoping to go again next year to see a couple of performances. It would be a lovely area to holiday in for a few days. I would like to thank trustee Margaret Hawkins for organising this outing, it was very much appreciated.

Sandra Dawson
Bicker WI

FIVE GO WALKING IN N & S RAUCEBY

Sounds like a title for an Enid Blyton's book, doesn't it?

Five members from LSFWI's came together on Thursday 15 July to take part on another walk organised by the Federation. We met at the The Bustard pub in South Rauceby, near Sleaford. Elizabeth Mantle was our leader, ably assisted by Chris Jordan. Although a little overcast, the day turned out to be quite a mild one with no forecast of rain, ideal for our walk.

It was to be a walk encompassing some sculptures and woodcarvings, the first of which we almost missed as it blended so well into the background of the little copse we were walking through. Much of the circular walk took us around the edges of arable farmland, but there was also the inevitable muddy parts along some of the tracks to avoid.

We enjoyed some lovely conversations with each other and shared some very useful tips, one of them being the "What3words" app – this is a free app that can be installed on your phone which gives every 3 metre square a unique combination of 3 words. This is a very useful app as it could be used in circumstances such as in need of emergency, car breakdown, or even to plan exact meet up locations.



The melodious sounds of children playing in their pre-lunch break drifted across to us. A few minutes later we turned the corner and there was the school.

It was just as we finished admiring the final woodcarving that we enjoyed the highlight of our walk - a large number of sheep had to be herded across the road by a clever border collie, into the grazing fields of Rauceby Hall.



Finally, all five of us celebrated the end of our walk with a delicious lunch at The Bustard pub.



Wedding belles

Our adviser, Sharon Hurrell became Mrs Antony on Saturday, 14 August. You will be unsurprised to learn that there was a good line up of WI ladies in attendance!

Congratulations to Sharon and Andy



PUBLIC AFFAIRS & EDUCATION

As reported in last month's newsletter, the Resolution to increase awareness of the subtle signs of ovarian cancer was adopted with a huge vote in favour. This means that an active campaign will now be planned. We are still awaiting full details of this from NFWI but in the meantime, there's no reason not to get started!



There is some initial information available on MyWI: click on this link to [download the NFWI briefing](#) on the new campaign with background information and some initial ideas about how you can take action. The Public Affairs Department will be producing WI resources for members to use to spread awareness of the signs of ovarian cancer in their communities. These will be available shortly; however, in the meantime you can help increase understanding of the issue by finding out about the signs and starting to think about what you could do in your WI to reach more women with this information. Visit the NHS website (<https://www.nhs.uk/conditions/ovarian-cancer/>) for a list of the symptoms, and information about diagnosis and treatment.

Some other useful links for more information are as follows:

Ovarian Cancer Action: <https://ovarian.org.uk>

Ovacom: <https://www.ovacom.org.uk>

Target Ovarian Cancer: <https://targetovariancancer.org.uk>

Watch out for more news on this campaign in the October newsletter – and do let us know of anything you are doing/planning at your WI.



Empowering victims of domestic abuse in honour of Grace Millane

Grace Millane had recently graduated from the University of Lincoln and was backpacking alone in New Zealand when she was tragically murdered in December 2018. Her family wanted to do something in her name to give her a legacy and came up with the idea of filling a handbag with items for women that have been affected by domestic violence.

Many women who escape from domestic abuse leave home without anything; they pack for their children but not for themselves. Whilst they are given the necessities, they don't have luxuries. Grace loved a handbag. So, in her name her family have set up a charity called Love Grace X - handbag appeal.

They worked with their local women's refuge to create a list of items that would be suitable for their clients. Their initial target of 50 handbags has been surpassed via people's generosity and offers of help. They have run appeals throughout the UK, New Zealand, USA, Canada and Singapore, which have resulted in over 7000 women receiving a Love Grace handbag.

They have been overwhelmed by people's support and were honoured to receive the Prime Minister's Point of Light Award.

They are collecting new or gently used handbags large enough for a selection of toiletries such as:

Basic	Extras	Luxuries
Toothpaste	Wipes	Make Up
Toothbrush	Tissues	Perfume
Shower gel	Plasters	Hairbands/Clips
Shampoo	Soap/Hand Gel	Gloves/Scarf
Conditioner	Lip Balm	Notebook/Pen
Deodorant	Cotton Buds	Purse
	Face Cloth/Sponge	Sunglasses
	Torch	Jewellery
	Hair Bush/Comb	Playing Cards

There is a collection point in Lincolnshire run by The University of Lincoln Students' Union on Brayford Wharf, Lincoln LN6 7TS +44 1522 886006 www.lincolnsu.com.

For delivery opening times please contact above before dropping off at Unit 3, The Gateway, Ruston Way, Lincoln LN6 7GQ

Boston Women's Aid has been fortunate to be a recipient of this scheme as well as bags for the children from Buddy Bags. More details can be found on their web sites:

www.lovegrace.co.uk www.buddybagsfoundation.co.uk

Shelagh Coates, Trustee

CLIMATE AMBASSADORS

We all know the importance of trees to our environment. By planting trees, we help sequester CO2 emissions while providing co-benefits such as water filtration, shelter, food sources, and biodiversity. As part of the drive to increase carbon capture and mitigate the effect modern living has on our world, planting more trees can only be good. They have to be the right trees in the right place of course, and Wellingore Low Fields seems to be one such place!

Following meetings and discussion with the Council Arborist and with a Parish Councillor who is also a Parish Councillor, it is looking positive for about 60 council funded trees; oak, maple, hornbeam and maybe ash. The aim is for these to be planted on the ditch tops along a lane leading to the Low Fields. A decision on whether the Council's Treescapes Grant bid has been successful should be confirmed by the end of September. In parallel with that, the landowner is awaiting details of how the Environmental Stewardship scheme will work, as it would make sense to incorporate the trees into the scheme going forward.

If all goes to plan, trees of approximately 60 to 80cm tall with stakes and protective tubes will be supplied in late Autumn and Wellingore WI will plant them; there may be a small cost associated with the actual planting but I am sure we can cross that bridge when we come to it. Fingers crossed that everything falls into place and we can not only enhance our natural landscape but do a little to combat climate change too!

Janet Banks, LSFWI Climate Ambassador and Wellingore WI

The Woodland Trust is also offering Free Trees for Communities with deliveries in November and March. The packs come in varying amounts – 15 to over 200 and suited to varying environments. Some information is required when you order (landowner's permission and the exact location of the planting – the phone App What3words will provide all the data you would require).

[Free Trees for Schools and Communities - Woodland Trust](#)

The National Trust has a tree planting project too and you can dedicate your tree to a loved one; a minimum donation of £5 is required.

[Plant a tree to help nature thrive or as a gift | UK | National Trust](#)

The Climate Ambassador programme is a scheme for those WI **members who would like to get further involved with our environmental campaigns**. Climate Ambassadors **focus on environmental community action**, and the types of activities they can take are completely open-ended. Whatever our Ambassadors think will benefit their communities and the environment - they do!

If you would like to join the federation team of Climate Ambassadors please contact WI Office, who will put you in touch.

If you have an article on any environmental project that your WI is, or has been involved with, please forward to: fedoffice@lsfwi.org.uk

WI HI - VIS VESTS

We will continue to place orders for our Hi- Vis vests.

If you would like to order for your WI please get in touch

with WI Office asap. We will place another order at the end of September

The vests cost £6.50 each plus any P & P

Please confirm the quantity and sizes you require.

Walks Around the Federation

All walks start at 10.30am

£2 for members, £2.50 for non-members

Our programme of mid-distance walks around the Federation area continues. We endeavour to organise somewhere for lunch afterwards for those who wish it but the real aim is to get out and enjoy the countryside that we are so lucky to live in. The planned walks are as follows:

<i>Date of Walk</i>	<i>General Area of the Walk</i>	<i>Distance</i>	<i>Reference</i>	<i>Closing Date for Applications</i>
<i>Tue 28 Sep</i>	<i>The Deepings</i>	<i>4¼ miles</i>	<i>DEEP15SEP</i>	<i>Tue 21 Sep</i>

Please note that all walks are subject to change or cancellation or numbers may be curtailed dependent on circumstances, including any Covid restrictions. Places will be allocated by ballot if necessary.

To apply for a place on a walk either:

1. **E-mail/BACS (preferred application method).** Send an e-mail to events@lsfwi.org.uk with the reference from the table above as the subject by the closing date for the walk you wish to attend. *Ensure that you include the 8 pieces of information requested overleaf. DO NOT make a BACS payment until your place is confirmed* when you will be sent the bank details and asked to *pay by 3 days prior to the event* to secure your place.
2. **Cheque/letter.** If you need to pay by cheque, send your cheque payable to **LSFWI** *the 8 pieces of information requested overleaf* to **LSFWI, Pattinson House, East Road, SLEAFORD NG34 7EQ** to arrive prior to the closing date. Any cheques received where a place is not allocated will be destroyed.
To minimise costs, any WI able to consolidate applications into one cheque should do so but the information overleaf must be sent for each individual.

Walks Around the Federation

PLEASE READ PRIOR TO APPLYING FOR A PLACE

All members must be aware they walk at their own risk and they are responsible for their own safety and happiness on the walk.

The walk leaders will lead the walk and will carry a small first aid kit but will not have specific medical training. The walk leaders will show their group the way on the walk but it is up to the individual to be careful in following them and to know their own capabilities and limitations.

You must carry a contact name and telephone number with you which could be used should the need arise. This may be stored on an unlocked mobile phone under the name "ICE" (In Case of Emergency) or be accessible as an Emergency Contact/Medical ID on a locked phone *e.g. for iPhone details are stored under Health, click on circle with your initials, Medical ID and Emergency Access needs to be set to Show When Locked.* You will be given the walk leader's mobile number on the day.

Should any member have any underlying health problems such as diabetes or asthma that may affect them during a walk or any medication that they may need, they must ensure that this is included in their application, ensure that appropriate medication is brought with them, and either the walk leader or a trusted companion knows what to do in the event of any problem.

All participants must arrive with:

- Suitable footwear i.e. trainers or walking shoes/boots
(Unless the route recce in the days prior to the event shows otherwise, trainers are sufficient for these walks but please consider the walk leader and before you pick up your loafers or flip flops that you may be perfectly capable of walking the distance in but the walk leader will not know that. She should not be put the difficult position of having to discuss it with you in case you cause a problem for the group as a whole)
- Water/fluid
- Any medication that might be needed
- Mobile phone that is switched on throughout the walk
- Suitable clothing for the day (e.g. a waterproof if wet, a sun/rain hat,)
- Suntan lotion applied if hot

Information that MUST be included in your e-mail/ with your cheque

1. **Which walk you want to join** *e.g. 2½ miles Monday 10 August*
2. **Your Name**
3. **Your WI**
4. **Mobile Number**
5. **Contact Telephone Number** *if different from mobile*
6. **Emergency Contact Name**
7. **Emergency Contact Telephone**
8. **Any medical conditions that may affect you on the walk? If so, please give details.**